



NEW STAFF

Three Springs Englishton Park is growing and with growth comes new staff positions. Along with many vital new support staff members we welcome these treatment professionals: Rod Linton, Therapist; Howard Schwartz, Therapist; Percy Atkins, Group Leader Counselor Supervisor; Samantha Brown, Group Leader Counselor; Shelby Lincoln, Group Leader Counselor; Chris Tidwell, Group Leader Counselor; Priscilla Biles, Part Time Nurse.

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Project Explodes with Fun

Q: What do you get when you combine adolescent boys, papier-mâché, vinegar and baking soda?

A: A hands-on class project that makes an "earth shaking" mess!

The students in Ms. Carlow's social studies class recently spent time learning about volcanoes. They located volcanic areas around the world and diagrammed different volcanic structures. After watching a video about volcanic formations students engaged in the granddaddy of all science fair projects – building their own erupting volcanoes.

For anyone unfamiliar with building a model volcano the project combines the sciences of geology and chemistry with good old-fashioned arts-and-crafts.

The volcano is constructed by securing a cone of crumpled newspaper around a bottle adhered to a large piece of cardboard. Next, strips of Ultra Maché are wet and applied over the bottle-and-paper volcano form. Layers of the malleable paper maché compound are built up over the form to provide a smooth surface for the man-made mountain. After drying for several days the model volcano is painted either to mimic a real-life lava-producer or in a way that reflects the modeler's personality. Our students produced several multicolored gaseous domes.

Delta and Sigma Sites

The two resident groups at Englishton Park, Delta and Sigma, recently spent time clearing brush and moving logs, which begs the question, "How did you get teenage boys to help with yard work?" It was easy considering the project was undertaken in order to create outdoor group therapy sites for the kids to enjoy during the warm summer months.

Normally "group" takes place indoors in the Group Room – similar to a chapter room at a fraternity or sorority house. However, the treatment team thought it would be beneficial to give the boys the opportunity to get out-of-doors and into the fresh air as often as possible. To this end the groups were each allowed to select a site – one chose a clearing under the apple trees and the other an area overlooking the pond – and were asked to clear away the undergrowth. When the sites were clear the boys dragged in logs



When the paint is dry the model is placed on a waterproof surface where the "lava" is loaded. The underlying bottle is partially filled with warm water, red food coloring, and a drop of dishwashing liquid along with household baking soda. As the time of the eruption nears, vinegar is added to the bottle resulting in red bubble lava pouring from the crater and down the sides of the mountain.

The lava flow of each volcano was measured and submitted in a report to Ms. Carlow along with each student's reflections on the project. By all accounts the lesson on volcanoes was an overwhelming success and will not soon be forgotten!



from the woods to create triangular seating areas. A fire pit will be dug in the center of each triangle and the boys will be encouraged to personalize their group sites with interestingly-shaped rocks and other natural materials.

The boys are very proud of what they've created and their groups will meet at the new sites several times each week, weather permitting.

Three Springs

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Captain's Romp 5K Run

Civil War history recently combined with a modern-day pastime on the grounds of Englishton Park when a 5K Fun Run was held in Lexington.

Englishton Park Presbyterian Ministries sponsored the run in conjunction with the 129th Annual Old Settlers Celebration. This event is the oldest community celebration in the State of Indiana.

Almost a dozen Three Springs Englishton Park staff members and residents ran in The Romp, while other boys and staff members manned mile markers, water tables and the start/finish line.

The residents who participated in the competition trained for five weeks prior to the race. During which time they were required to attend 80% of the organized workouts and complete a practice 5K. This was done to ensure that only boys who were physically capable of completing the course ran the race.

Lexington is the oldest town in Scott County. The boys and staff members report that this event helped them feel like a part of this historic community.



Flowers and Photos

In anticipation of May Family Day the students in Ms. Von Dissen's class hand-painted terra cotta pots in bright colors and planted them with Forget-Me-Nots as gifts for visiting family members.

Visitors on May 12 were also surprised to receive packets of student photos. Each envelope contained an official annual student portrait, taken on-site using the serene pond as a natural backdrop, as well as several proof pictures. Ms. Carlow said the boys had a great time hamming it up for camera. Parents and other family members were "delighted" to receive this year-end memento.